

Referrals

Referrals can be made by your physician or a hospital.

Ask your doctor for a referral to the Mobile Integrated Health program.

As the MIH program is grant funded, there is no out-of-pocket cost to the patient.

This program is supported by grant funds received from the Mother Cabrini Health Foundation. The Home Care Association of New York State and the Iroquois Healthcare Association teamed up to pilot three community medicine and paramedicine programs. Jefferson County was one of those selected.

Contact Information



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Jefferson County

**Mobile
Integrated
Health (MIH)**

What is MIH?

Mobile Integrated Health (MIH) is a program that expands the roles of paramedics and EMTs to increase access to care in rural areas where it can be difficult to get to a healthcare facility and receive primary care.

Through the program, paramedics & EMTs can visit a patient at home to:

- provide education,
- check blood pressure,
- check blood sugar level,
- help with medication,
- do weight checks,
- share information with primary care doctor

These steps/services lower the chance that the patient will need to seek emergency services.

- ↓ less 911 calls
- ↓ less emergency department visits



Who is the MIH program for?

The MIH program aims to address the **top 4 reasons** a person gets emergency care:

- congestive heart failure (CHF)
- chronic obstructive pulmonary disease (COPD)
- diabetes
- those at a high risk of falling

Who does the home visits?

The first home visit includes an assessment by a nurse from Jefferson County Home Health Care. Follow-up visits will be done by a paramedic or EMT from one of the following participating agencies:

- Thousand Islands Emergency Rescue Squad (TIERS)
- Indian River Ambulance Service (IRAS)
- Carthage Area Ambulance (CARS)
- South Jefferson Rescue Squad (SJRS)
- Guilfoyle Ambulance Service

